



Health Grade 1 (Building On What I Already Know) Decision-Making (DM)				
OUTCOMES	1 – Little Evidence With help, I understand parts of the simpler ideas and do a few of the simpler skills.	2 – Partial Evidence I understand the simpler ideas and can do the simpler skills. I am working on the more complex ideas and skills.	3 – Sufficient Evidence I understand the more complex ideas and can master the complex skills that are taught in class. I achieve the outcome.	4- Extensive Evidence I have a deep understanding of the complex ideas, and I can use the skills I have learned in situations that were not taught in class.
DM 1.1 I can examine initial steps (i.e., Stop, Think, Do) for making basic choices regarding healthy behaviours; healthy brain, heart, and lungs; healthy relationships; pedestrian/street safety; and a healthy sense of self.	<ul style="list-style-type: none"> With help, I can identify a few ways I make healthy choices. I recognize the importance of thinking before I act when making basic healthy choices. 	<ul style="list-style-type: none"> I can identify a few ways I make healthy choices. I describe the importance of thinking before I act OR using “stop, think, do” when making basic healthy choices. 	<ul style="list-style-type: none"> I can explain many ways I make healthy choices. I describe the importance of thinking before I act, AND using “stop, think, do” when making basic healthy choices. 	<ul style="list-style-type: none"> I can compare the ways I make healthy choices with the ways others make healthy choices. I show evidence of thinking before I act, and can justify how I use “stop, think, do” when making healthy choices.
Comments				